

August 19, 2022 Friday Flash

Dear Siblings in Christ,

There are so many exciting events coming up, all detailed in the announcements below. I encourage you to put them on your calendar and plan to attend as you are able!

After a busy week last week with 20 young people attending VBS, preceded by a week of vacation and my bought with Covid, this week is the pause in between. An opportunity to gather thoughts. To tie up loose ends on dozens of things left mid-completion before things got crazy.

What practices ground you when you have a moment of pause between the always urgent (sometimes important) things that fill your days? I am a fan of Macrina Wiederkehr's *Seven Sacred Pauses* for praying the hours from time to time. Here is one of the prayer options for mid-morning:

O Keeper of the Hours. . . Sacred is the pause that draws us into stillness. Nourishing are the moments when we step away from busyness. Teach us the wisdom of pausing. Reveal to us the goodness of stopping to breathe. Bring to our memory the truth that we are the temple out of which you pour your gifts into the world. We are the temple from which you sing your songs. We are the temple out of which you bless. Enable us to listen to the renewal you are trying to bring about in us and through us. May we be reverent with each temple we meet and greet this day. May all the good that we long for come to pass.

May you find a chance for a sacred pause this day.

Grace & Peace,

Pastor Sonja

ANNOUNCEMENTS

~THIS WEEK AT ST. ANDREW'S~

- ❖ Sunday, *Worship*, 9:30 am, Sanctuary and [Livestream](#)
- ❖ Sunday, *Fellowship*, 10:30 am, Fellowship Hall
- ❖ Wednesday, *Faith Book Study Meeting*, 7 am, Hy-Vee West Market Grille
- ❖ Thursday, *Council Meeting*, 6 pm, Zoom
- ❖ For a full listing of events, check out the St. Andrew's calendar at standrewsames.org/calendar/

St. Andrew's Fall 2022 Directories Available

Printed copies are available on the Welcome table in the Narthex. An electronic copy is available by request. Email office@standrewsames.org.

Signup Now for Fall Bible Study Opportunities: *The Story*

This fall St. Andrew's will embark on an exploration of the Bible, using a resource called *The Story*, which is a chronological rewriting of the stories from the Bible in narrative form. Age-appropriate versions are available for preschool, elementary, youth, and adults.

The Education Committee is in the process of planning for age-specific groups during Service and Learning (breakfast together at 9 am; learning together from 9:30-10 am) as well as small groups to meet in person and on zoom throughout the week.

Online registration is [available here](#). Paper registration forms are also available in the Narthex. Miriam will be available after worship at a table with examples of the books, to answer any questions, and to help your register. Volunteers are needed to help lead groups, so please consider if you feel called to explore the Bible with a small group of children or adults.

Faith Book Study Begins August 24

Join us at 7 am Wednesday, August 24 at the Hy-Vee West Market Grille for the kickoff of St. Andrew's weekly Faith Book Study. At this first meeting, the group will discuss topics of interest and make plans for upcoming weeks. Please contact Dave Krumm with any questions.

Outdoor Worship and Blessing of the Backpacks: August 28, 9:30 am, Luncheon at 10:30 am

Bring your backpack, briefcase, laptop, purse, water bottle, or just yourself to Outdoor Worship at Daley Park Sunday, August 28 for a blessing during our 9:30 a.m. outdoor worship service! We want to bless people of all ages who are returning to fall routines at school, work, and in the world. We will have a special gift to remind you God goes with you into the world each and every day. Invite your friends, neighbors, and anyone who might enjoy this morning of worship, special blessing, and luncheon.

New Pine Ridge Donation Time Beginning September 1

Starting in September, Pine Ridge donation times will be Thursdays from 6-8 pm and by appointment. For appointments, please leave a message at 515-231-9318.

Pride Ecumenical Worship Service on September 4

Ames Area Religious Leaders are proud to present a Pride Worship, an Ecumenical service featuring Ms. Penny Cost, the Drag Evangelist. This service will take place from 1:30-2:30 pm on September 4 at Collegiate Presbyterian Church, and will include worship, a love offering to benefit Ames Pride, and more! [Follow this link](#) to learn more about Ames Pride, Ms. Penny Cost, and/or the LGBTQIA+ community.

Worship Time Change Reminder; 10:30 am Beginning September 11

Don't forget to mark your calendars! Our worship service returns to our regular time of 10:30 am starting September 11. Our fellowship time will also move to 11:30 am. Finally, our Service n Learning will start up again on September 18, at 9 am, with breakfast and an introduction to our new curriculum: *The Story!*

Sign Up Now for Fall Confirmation!

It is time to begin registration for the 2022-2023 Confirmation year! After the pandemic and pastoral and staff transitions, we don't have a good sense of the Confirmation-age youth at St. Andrew's. Confirmation instruction is available for youth in 7th grade and older who have not yet participated in two years of Confirmation Instruction and the Affirmation of Baptism service. To register confirmation-age youth, [please complete the form using this link!](#)

God's Work. Our Hands. Kickoff Sunday, September 11

We will once again be participating the God's Work. Our Hands. Sunday this year on September 11. The Education, Outreach and Social Concerns committees are working on service activities before worship 9-10:30 am and after worship! A few projects in the works include assembling homeless kits for Pine Ridge, writing letters of outreach to the Agape and Hedaru parishes in Tanzania, signup opportunities for local service projects with Saving Suds and Food at First, opportunities to support The Bridge Home through financial contributions!

Churchwide Assembly 2022 Recap

The 2022 Churchwide Assembly met in Columbus, Ohio this week. Voting members met in plenaries, discussions, and worship while acting on key legislative business and hearing reports and updates on the work of the church. [Use this link](#) to read a recap of each day and press releases! [Use this link](#) to watch recorded sessions and worship!

Books are Now Available for this Month's Book Club!

This month's book is *Midnight at the Blackbird Café: A Novel* written by Heather Webber. This book follows the story of a young woman whose mother, the owner of the Blackbird Café, has passed away. While the daughter only planned to return home to close the café and bury her mother, the past greets her, as well as the mystery surrounding a recipe for "Blackbird Pie." The next meeting of the Book Club will be on September 13. Books are now available for pick-up in the office!

Save the Date for St. Andrew's 2nd Annual Renaissance Faire on October 2

Huzzah! St. Andrew's will be hosting our Ren Faire October 2 from 3-6 pm. This fun medieval festival will include food, games, music, royalty, and more! Additional features will include a Raising Readers booth, all things pumpkin, and dancing! Keep an eye out for more details to come!

Worship Volunteer Assistants Signup

We are always in need of ushers, readers, assisting ministers, communion assistants, altar guild, and more. If you are willing and able to lend your time and talents in these areas, please sign up on the signup sheets that are on the table in the narthex, or you can contact the office at 515-292-2131 or office@standrewsames.org. Thank you for assisting with worship at St. Andrew's!

~NOTABLES~

Worship Assistants This Week (8/21/2022)

Assisting Minister – **Laurie Evans**
Reader – **Philip Dixon**
Greeter – **Rolly Link**
Ushers – **John Kovar**
Communion Setup – **Kris Miles**
Communion Servers – **Margaret Sherve, Lynn Miller**
Tech – **Brent Anderson**
Fellowship – **Pine Ridge and Tanzania**

Worship Assistants Next Week (8/28/2022)

Assisting Minister –
Reader – **Margaret Sherve**
Greeter – **Pat Thompson**
Ushers –
Communion Setup –
Communion Servers – **Carol Putz**
Tech – **Bruce Boeke**
Fellowship – **Worship and Arts**

Happy August Anniversary

Kris Miles and Al Jergens (13), Norma and Lowell Elwick (15), Kim Adams and Jan Warwick (18), Sheri and Dave Krumm (25)

Happy August Birthday

Dave Sprau (6), Katelyn Riesselman (7), Matt Ross (10), Alex Kovar (12), Kim Adams (13), Christina Paulson (14), Bryanna Behning (18), Lesley Hawkins (25), John Moran (25), Andrea Kemp (25), Matthew Martens (31), Annika Rice (31), Kaija Rice (31), Erik Rice (31)

~PRAYERS~

Lowell Elwick, John Sherve (relative of Margaret Sherve), **Janet Bentley** (mother of Janet Dixon), **Annette (Thompson) Bodnar** (niece of Alice Thompson), **Anita Whitaker** (Mother of Sheri Krumm), **Troy Eagen** (Sharon Anderson's son-in-law), **John Litzel, Libby Litzel Gull, Mark Ekeren** (brother of Sarah Buck), **Jane Ellis, Wayne Thompson** (brain tumor), **Marilyn Saunders** (Gene Pollmann's sister), **Alice Becher** (Stephen Loucks' mother), **Marjorie Allison, Gene Takle, Lou Jordan** (Dagmar Frank's cousin), **Nancy Owen** (Carol Putz's cousin, battling cancer), **Roxanne Labandz** (niece of Alice Thompson), **Pat Fawcett, Kolleen Tweed Sogard** (daughter of Violet & Maynard Tweed), **Robert Pollmann** (Gene Pollmann's brother), **Mike & Kayla Endorf** (cousins of Dagmar Frank), **Joan Dubberke, Diane** (Carol Putz's sister w/long COVID), **Lester & Alycia Carlsborg, Ben Buck, Stu Endorf** (Dagmar Frank's cousin), **James Loritz** (nephew of Alice Thompson), **Shirley Parsons, Karen Hardy** (Rita Peterson's sister), **Susan Teas, Douglas John Putz** (brother of Dave Putz), the family of **JoAnn Folkmann**, the family of **June Larrow** (Gayle Osterberg's sister), the family of **Dick Whitaker** (Father of Sheri Krumm).

For all those suffering from loneliness and grief, addiction and illness-both mental and physical, poverty and need, war and strife; we pray to the Lord to bless them and give them peace. We continue to pray for the health and needs of the people in the Ames Community, the Pine Ridge Reservation, the Hedaru and Agape Parishes in Tanzania, and all communities throughout the world.

Please send any announcements, prayers, or updates to the office at office@standrewsames.org or call 515-292-2131 by Wednesday at Noon.