

~~~Welcome to the Friday Flash for August 27, 2021~~~

~MESSAGE FROM PASTOR SONJA~

This weekend **we will enjoy OUTDOOR worship at Daley Park (340 Wilder Blvd, Ames) Sunday at 9:30 a.m.** followed by a **catered brunch**. During worship we will have a **Back to School (And work, and ALL The Things) Blessing**. Bring your backpack, briefcase, purse, water bottle, or just yourself for a blessing! We want to bless people of all ages who are returning to fall routines at school, work, and in the world. We will have a special gift to remind you God goes with you into the world each and every day. Invite your friends, neighbors and anyone who might enjoy this morning of worship, special blessings, and luncheon.

See you Sunday!

Grace & Peace,

Pastor Sonja

*Feel free to stop during my Office Hours, Monday 10 a.m.-noon, Wednesday noon-2 p.m. and Thursday 10 a.m.-noon. Office Hours are hours you can generally come and I am here and available. My day off is Friday. If you wish to schedule a time outside of office hours, you are invited to contact the church office to arrange an appointment.*

~ANNOUNCEMENTS~

**Thank You from the Prochnows**

We have been overwhelmed by the prayers, cards, calls, flowers and memorials during the past 8 months. Most of you didn't know our daughter Sara, but you have surrounded her and her family with your care. She asked the Pastor to preach on "feed my sheep" at her funeral – that was her heart, the vision that the church raised her to see. You have truly helped us keep walking on this impossible journey as you have reminded us that you are next to us, holding us up. We are so thankful for all of you!

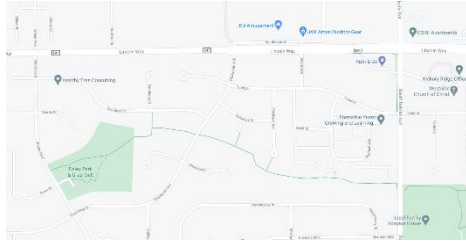
This school year we will be splitting our time between a condo in Duluth and our home in Gilbert. We hope to be in Gilbert at least some weekends so we can worship at St. Andrew's. We miss you.

Tom & Sharon Prochnow

**Covid-19 Guidelines for St. Andrew's**

Due to rising infection rates in Story County, plus new guidance from the CDC, the in-person worship team communicated via email over the past few days and has determined the need to return to masks and social distancing during worship. During fellowship hour we request that people stay masked unless seated at their tables.

### Worship in the Park August 29, 9:30am at Daley Park



The Worship and Arts Committee is very excited to announce that we will once again host outdoor worship at **Daley Park on August 29**. We will worship at 9:30 and a brunch will be catered by HyVee to follow worship. We will ask you to make a \$10 donation to help cover the cost of the brunch. All are welcome and you are encouraged to bring friends. It is always fun to worship outside in the beauty of God's creation.

### Back to School (and All the Things) Blessing, August 29 Outdoor Worship Service at Daley Park



Bring your backpack, briefcase, purse, water bottle, or just yourself to Outdoor Worship at Daley Park Sunday, August 29 for a blessing during our 9:30 a.m. outdoor worship service! We want to bless people of all ages who are returning to fall routines at school, work, and in the world. We will have a special gift to remind you God goes with you into the world each and every day. Invite your friends, neighbors and anyone who might enjoy this morning of worship, special blessings, and luncheon.

### SAVE THE DATE ~ Renaissance Fair September 12, 3-6 p.m.



All are invited to this free community-wide event with food, games, music and frivolity! Come enjoy time together with family-friendly Renaissance-themed activities, food, woodwind and choral music and characters. This is a great event to invite friends, neighbors, (and even those ne're-do-wells) for fun and community. This is an opportunity for the community to get to know St. Andrew's as we extend God's love to the world. We can't wait to see you September 12 from 3-6 p.m.!

### Renaissance Faire participants:

Costumes will be available at church, in Sunday school room 3. We have lots to choose from, and while not absolutely required, they are highly encouraged for all, especially those folks working in the booths. (Men - don't worry, we won't make anyone wear tights!)

Laurie Hoifeldt will be available at church to help you find the perfect outfit during these times this week:

- This Sunday after our outdoor service, until 1:30.
- Tuesday 5:00 - 7:30
- Wednesday 5:00 - 7:00

If these times don't work for you, please contact Laurie at 509-7094, or email at [lhoifeldt@gmail.com](mailto:lhoifeldt@gmail.com) to arrange a time.

## Help Provide Hospitality and Welcome!

The St. Andrew's Fellowship Committee is looking for additional members to help plan fellowship events to provide hospitality and welcome to all. Fellowship coordinates coffee hour after worship, funeral luncheons, and special meals. If you feel a nudge to get involved, please contact the church office at [office@standrewsames.org](mailto:office@standrewsames.org), or committee chairs Gayle Osterberg [osterberggayle@gmail.com](mailto:osterberggayle@gmail.com) and JoAnn Kovar [joannkovar31@gmail.com](mailto:joannkovar31@gmail.com). There is a place for you here!

## Want to Learn More about St. Andrews and get connected? New Member Classes

Pastor Sonja will be meeting this fall with individuals who want to learn more about the ministries of St. Andrew's Lutheran Church. We will talk about opportunities to get involved and get to know others St. Andrew's; current ministries; hopes and dreams for the future; and basics of faith, worship, the Bible, and grace from a Lutheran perspective. If you are interested in being included or learning more, please contact Pastor Sonja, [pastorsonja@standrewsames.org](mailto:pastorsonja@standrewsames.org). Pastor Sonja will coordinate meeting dates and times with those interested.

## Compassion Meals Available

The Outreach Committee at St. Andrew's extends a ministry of presence with those who are experiencing illness, have lost loved ones, are welcoming a new child into their home or are in any way in need of a visit and nourishing meal as an extension of our love for one another in Christ. Please reach out to the Outreach Committee by emailing [office@standrewsames.org](mailto:office@standrewsames.org) if you know of an individual who might benefit from a Compassion Meal.

## Pine Ridge Needs

Pine Ridge needs ice cream buckets with lids for its homeless kits. If you have some to donate, please contact Kris Parsons (515-231-9318) or Almira Uemura (515-708-1617).

## Adult Forum + Sunday School → NEW Service and Learning Hour



Sunday School and Adult education have joined forces to become SERVICE + LEARNING! On Sundays beginning September 12, we will gather at 9 a.m. to share a breakfast meal, learn about a fundamental of faith life, hear about a local, national or international service effort, and apply our learning in service in the world!

A variety of activities will be planned to be accessible for all ages ~ so no need to worry ~ there will be something for everyone. Most importantly we will learn and grow together as a community of faith and members of the body of Christ. No matter where you find yourself on

your faith journey, your age, or your life circumstance, there is a place for YOU!

We are currently looking for individuals passionate about service and learning interested in being equipped as "table guides" for conversations. If you would like to hear more about this possible role, contact Blythe Schultz ([serviceandlearning@standrewsames.org](mailto:serviceandlearning@standrewsames.org)) or Pastor Sonja ([pastorsonja@standrewsames.org](mailto:pastorsonja@standrewsames.org)).

## ~MINISTRY OPPORTUNITIES~

### **In-Person Worship Volunteer Needs**

We are delighted to offer in-person worship again. As we express our deep gratitude for the volunteers who have made livestream worship happen this last year-plus, it will take many more willing hands and hearts to make in-person worship happen. You are invited to consider how you may feel led to use your gifts in worship. The following volunteers are currently needed each week: Assisting Minister, Reader, Greeters, Ushers, Communion Setup, Communion Servers. You can see the volunteer needs and signup at [www.standrewsames.org](http://www.standrewsames.org), or call the church office at 515-292-2131 and Heather will help you sign up.

### **Love Singing? Choir Begins Wednesday, Sept 1 at 7 p .m.**

Come one and all! Director Steve Hoifeldt has a wonderful selection of music planned to enhance worship through choral music. Come to the sanctuary at 7 p.m. and join in the fun. Masks required. Questions? Contact [shoifeldt@standrewsames.org](mailto:shoifeldt@standrewsames.org).

### **St. Andrew's Giving Garden**

This is for everyone -- experienced gardeners with garden plots, new gardeners who want help starting a container garden at home, and for those who don't garden but want to find out how to support this ministry in other ways. The Giving Garden at St. Andrew's Lutheran Church supports Story County Plant A Row for the Hungry. You can get involved by growing extra produce, harvesting, bringing it to church on **Sundays, July 4-September 12**, and placing produce in donation crates at church. Immediately following church, produce will be transported by SALC volunteers to Reiman Gardens, the Plant a Row for the Hungry collection site. Reiman Gardens/Plant A Row volunteers will refrigerate and distribute the produce to community organizations.

We still have an opening for people to help transport produce from the church to Reiman Gardens in September. You can view the transport schedule and sign up to transport produce at <https://standrewsames.org/local-ministries/>. Questions? Contact Janeen Christy at [Janeen.christy70@gmail.com](mailto:Janeen.christy70@gmail.com).

Produce Driver this week is **Janeen Christy**.

### **The Blessings Box**

The current focus is collecting items for personal care needs. Items such as, shampoo, deodorant, personal/menstrual hygiene, toothpaste, etc. are much appreciated and needed. We have enough bar soap at this time. Thanks!

### **Saving Suds Third Thursdays**

Saving Suds is a local ministry to provide quarters and laundry soap at Squeaky Clean from 4-6 p.m. on the first and third Thursday of the month. St. Andrew's volunteers the third Thursday of the month and Bethesda volunteers the first Thursday. Volunteers are needed to greet guests and hand out quarters. It is a great night of hospitality, fellowship and service. You can find slots where volunteers are needed and sign up at <https://standrewsames.org/local-ministries/> or call Mary Johnson at 515-231-0716.

Donations can be made by check or online. Please send your check to the church written to "St. Andrew's Lutheran Church" and put "Saving Suds " in the memo line. Online donations can be made through the "Give" tab on the church website and selecting the "Saving Suds" option. Contact Linda Seaverson with questions, [seaverson.linda@gmail.com](mailto:seaverson.linda@gmail.com)

### ~NOTEABLES~

#### Happy Anniversary to

Randy & Carla Sacco (August 7th), Al Jergens & Kris Miles (August 13th), Lowell & Norma Elwick (August 15th), Jan Warwick & Kim Adams (August 18th), Ken & Susan Israel (August 24<sup>th</sup>), Jim Copley & Susan Minks (August 27<sup>th</sup>), Nora Nelson & Marv Hitchings (August 29<sup>th</sup>).

#### Happy August Birthday to

Katelyn Riesselman (7th), Emma Israel (12th), Alex Kovar (12th), Joan Dubberke (13th), Christina Paulson (14<sup>th</sup>), Jennie LeGates (17<sup>th</sup>), Edward Hendrickson (19<sup>th</sup>), Judy Van Der Kamp (20<sup>th</sup>), Holly Anderson (23rd), Lesley Hawkins (25<sup>th</sup>), Andrea Kemp (25<sup>h</sup>), John Moran (25<sup>th</sup>), Victoria McMullen (26<sup>th</sup>), Annika Rice (August 31<sup>st</sup>), Kaija Rice (August 31<sup>st</sup>), Erik Rice (August 31<sup>st</sup>).

#### Worship Assistants This Week (8/29/2021)

Assisting Minister –  
Reader – **Jennie LeGates**  
Greeters – **Sharon Mott**  
Ushers – **John Kovar**  
Communion Setup – **Mary Johnson**  
Communion Servers- **Laura Frescoln, John Kovar**  
Tech – **Kris Parsons**  
Fellowship – **Worship & Arts – catered brunch**

#### Worship Assistants Next Week (9/5/2021)

Assisting Minister – **Janeen Christy**  
Reader – **Mary Johnson**  
Greeters –  
Ushers – **Don Boyle**  
Communion Setup –  
Communion Servers-  
Tech – **Kris Parsons**  
Fellowship – **Fellowship Committee**

### ~PRAYERS~

**Troy Eagen** (Sharon Anderson's son-in-law), **John Litzel**, **Libby Litzel Gull**, **Mark Ekeren** (brother of Sarah Buck), **Jane Ellis**, **Wayne Thompson** (brain tumor), **Marilyn Saunders** (Gene Pollmann's sister), **Jen Tongay** (Sarah Runyan's sister-in-law), **Alice Becher** (Stephen Loucks' mother), **Marjorie Allison**, **Sara Ojard** (Tom & Sharon Prochnow's daughter), **Gene Takle**, **Lou Jordan** (Dagmar Frank's cousin), **Nancy**

**Owen** (Carol Putz's cousin, battling cancer), **Susan** (Glynn & Dagmar Frank's daughter), **Roxanne Labandz** (niece of Alice Thompson), **Pat Fawcett**, **Kolleen Tweed Sogard** (daughter of Violet & Maynard Tweed), **Robert Pollmann** (Gene Pollmann's brother), **Harlan Baker**, the family of **John Muze** of Hedaru, Tanzania.

For all those suffering from loneliness and grief, addiction and illness-both mental and physical, poverty and need, war and strife; we pray to the Lord to bless them and give them peace.

We continue to pray for the health and needs of the people in the Ames Community, of Pine Ridge Reservation, and of the Hedaru Parish in Tanzania and all communities throughout the world.

**Please send any announcements, prayers, or updates to the office at [office@standrewsames.org](mailto:office@standrewsames.org) or call 515-292-2131.**

~LOCAL~

#### **Ames Pridefest**

Ames will celebrate Pridefest Saturday, September 11 from 1-4 PM with a "Pride Around Town" event. All are encouraged to decorate their windows, front yards, and cars to show their pride around town. For a \$10 donation to Ames Pride, you will receive a pride sign and recognition on their website. To support Ames Pride and get your sign go to: <https://www.amespride.org/shop.html>